



**Cornbread Communion:
The Words That Come Before All Else
with Rev. Kim Mason
November 19th, 2023**

Ringing of Bowl

Welcome and Announcements

Dwight Homer

Prelude

Prelude and Fugue in F Major by Vincent Lübeck

Earl Naylor, organ

Call to Worship

Rev. Kim Mason

Hymn #404 What Gift Can We Bring

*What gift can we bring, what present, what token?
What words can convey it, the joy of this day?
When grateful we come, remembering, rejoicing,
what song can we offer in honor and praise?*

*Give thanks for the past, for those who had vision,
who planted and watered so dreams could come true.
Give thanks for the now, for study, for worship,
for mission that bids us turn prayer into deed.*

*This gift we now bring, this present, this token,
these words can convey it, the joy of this day!
When grateful we come, remembering, rejoicing,
this song we now offer in honor and praise!*

Part I : Haudenosaunee Thanksgiving Address

Chalice Lighting

Dwight Homer

Sung Response

*Come as we light this candle of memory.
Come as we light this candle of hope.
Come as we light this candle of reverence.
Come into the flame. Come into the flame.*

Words and Music by Tony Fathman

Part II & III : Haudenosaunee Thanksgiving Address

Joys and Concerns

Submit Joys and Concerns online at <https://forms.gle/WiHevqVTkCc3dWmC7>

Rev. Kim Mason

Prayer

Rev. Kim Mason

Sung Response #86 Blessed Spirit of My Life

Blessed Spirit of my life, give me strength through stress and strife;

help me live with dignity; let me know serenity.

Fill me with a vision, clear my mind of fear and confusion.

When my thoughts flow restlessly, let peace find a home in me.

Part IV & V : Haudenosaunee Thanksgiving Address

Call for the Offering

Use the Online Giving QR Code on your pew QR codes card to make an online offering

Rev. Kim Mason

Offertory

Grace before Sleep by Susan LaBarr

First Unitarian Choir

Gratitude

Rev. Kim Mason

Part VI : Haudenosaunee Thanksgiving Address

Cornbread Communion

Hymn #1010 We Give Thanks

Oh, we give thanks for this precious day,

For all gather'd here, and those far away;

For this time (food) we share with love and care,

Oh, we give thanks for this precious day.

Oh, we give thanks for the old and young,

For a time of wonder, joy, and fun

For all we give as we grow and live,

Oh, we give thanks for the old and young.

Closing Words

Rev. Kim Mason

Postlude

Now Thank We All Our God by Sigfrid Karg-Elert

Earl Naylor, organ

*This morning's cornucopia was created by **Cathy Rauch**.*

*This morning's script was adapted by the **Rev. Dr. Kendyl Gibbons** with text from the **Haudenosaunee people of upstate New York** and Northern North America and the writer and biologist **Robin Wall Kimmerer**, an enrolled member of the Citizen Potawatomi Nation, in her book Braiding Sweetgrass.*

*This morning's guest readers, in order of appearance: **Danielle Kozemczak, Amory Cox, Rachel Webb, Sue Fazio, Jasmine Ratliff, Beverly Ratliff, Deborah Cavanaugh Grant, Kiera Hill, Cordelia Webb, Joel Minor, Maddie Minor, Christian Cox, Caleb Hunt, Pam Geppert, Caitlyn Hill, Hunter Hart, Kimberly Perry***

Serving Us This Morning
Ushers: Kay & Larry Dusenbery
Greeters: Grace Munie & Kathy Wire
AV Assistant: Margaret Weck

Music Notes

Vincent Lübeck (1654 – 1740) was a German composer and organist. He was born in Padingbüttel and worked as organist and composer at Stade's St. Cosmae et Damiani (1675–1702) and Hamburg's famous St. Nikolai (1702–1740), where he played one of the largest contemporary organs. He enjoyed a remarkably high reputation in his lifetime, and had numerous pupils, among which were two of his sons.

Sigfrid Karg-Elert (November 21, 1877 – April 9, 1933) was a German composer of considerable fame in the early twentieth century, best known for his compositions for organ and harmonium (reed organ). Karg-Elert regarded himself as an outsider. Notable influences in his work include composers Johann Sebastian Bach (he often used the B.A.C.H. motif in Bach's honor), Edvard Grieg, Claude Debussy, Max Reger, Aleksandr Scriabin, and early Arnold Schoenberg. In general terms, his musical style can be characterized as being late-romantic with impressionistic and expressionistic tendencies.

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**Welcome to this religious community
where we affirm the dignity, worth, and freedom
of all who enter our doors.**

Here we seek to live together in relationship and respect so that we may embrace and celebrate our differences. Understanding that we need not think alike to love alike, our religious values invite us to a shared journey of truth and meaning. Sincerity and connection guide our religious community, and call us into deeper association with ourselves and our world.

We welcome people of all ages, races, classes, ethnicities, abilities, sexual orientations and gender identities. First Unitarian Church of St. Louis is a *Welcoming Congregation* committed to the inclusion of LGBTQIAA+ individuals, families and communities in the life of our congregation. We are a *Green Sanctuary Church*, committed to sustainable practices and ethical consumption on our building and ground.

First Unitarian Church of St. Louis Yellow Pages

(314) 361-0595 5007 Waterman Boulevard, St. Louis, Missouri 63108 <https://www.firstuustlouis.org/>
Weekly E-News from First Unitarian Church of St. Louis Sunday November 19th, 2023

Sunday November 19th 10am

Cornbread Communion: The Words That Come Before All Else with Rev. Kim Mason

Join us for our annual cornbread communion. This year we'll share a responsive reading of the Haudenosaunee Thanksgiving Address featuring members of all ages.

Watch this Service on YouTube (https://youtube.com/live/U_5zQDVfrjU?feature=share)

"This Sunday's cornucopia will be arranged and donated by Cathy Rauch"

This Sunday's Designated Collection: STL Foodbank

The organization has been fighting hunger since 1975. It is the region's largest food distribution charity dedicated to feeding those in need. The Foodbank provided over 44 million meals in FY2020. The organization is recognized by several oversight groups, such as the United Way and Charity Navigator. Nominated by Kimberly Perry.

**** This Sunday After Service**

11:00 am to 12:00 pm Book Sale & Fair Trade Sale (Fellowship Hall)

11:30 am to 12:30 pm Young Adult Group (Clark Room)

**** This Week at First UU STL**

Monday November 20th

1:00 pm to 2:30 pm Crouch/Feinberg Covenant Group (Dodson Room)

Tuesday November 21st

11:00 am to 12:00 pm Women's Alliance (Online Only)

Wednesday November 22nd

7:30 pm to 9:00 pm Choir Practice

Thursday November 23rd

Office Closed

Friday November 24th

Office Closed

Sunday November 25th

10:00 am to 11:00 am Worship Service (Sanctuary)

11:30 am to 12:30 pm Makers Ministry (C7)

Joys and Concerns

Concerns

Healing thoughts and prayers for...

Donald Jeffries, who is in the hospital for ongoing medical treatment.

Dori Miller, who was hospitalized after she broke her sternum in a fall

As a church community, each of us is an integral part of the care and concerns network. SHARE a Joy or Concern with us by clicking the button below or email your joy or concern to careandconcern@firstuustlouis.org

Submit Joy or Concern Online

(https://docs.google.com/forms/d/e/1FAIpQLSdeSrfikA6h7HR77ZJfDI4K3Xr8lF17lBeY9tZgdzU_bjktVw/viewform)

Our sympathy to the family of Julie Oyen-Keller who passed away on Nov. 1, 2023. Julie was a music educator and we remember her dedication to our church choir along with her late husband, Warren. She also shared her talent by serving as the Children's Choir accompanist for a while. You can read her full obituary here. (<https://obits.herrfuneral.com/obituary/julia-oyen-keller>)

A memorial service officiated by Rev. Kim Mason will be held on Saturday, Nov. 18th at the Sunset Hill Funeral Home in Glen Carbon, IL (10:00 am - 50 Fountain Dr.)

Religious Education This Sunday

No RE Classes This Sunday! Children and Youth are encouraged to attend the multigenerational service with their families. The Nursery will be open for childcare.

Youth and Children will participate in the Worship Service this Sunday

Several of our youth will be reading parts this Sunday. In addition our teens will help serve the cornbread and cider. Children will also process in with donated foods. All children and youth will exit the sanctuary during the offertory to prepare for the cornbread procession.

Sunday December 17th

2023 First UU Christmas Pageant

We are preparing for another Christmas Pageant! This year the Christmas Pageant Service will be on Sunday December 17th at 10am. There will be a dress rehearsal on Saturday December 16th 10am-noon. In order to cast parts we are asking parents to let us know whether their child will be available and willing to participate. Please click the button below to access the RSVP Form.

RSVP for 2023 Pageant (<https://forms.gle/PQ2JFKop4WYyRSc59>)

Church Events

First UU Holiday Gift Sale!

This Sunday 11/19 11am-12:30pm

Shop early for UU books and fair trade goodies! We will be set up in Fellowship Hall during coffee hour. Peruse a wide selection of new titles from the inSpirit UU Bookstore! Fair Trade coffee, chocolate, and more will also be available. All proceeds will benefit the Boston Trip Fund!

Toxic Charity Book Discussion.

November 30, 6:30-8:30 PM on Zoom

As we continue to work on developing our Congregational Outreach and Community Engagement program, Rev. Kim and members of the Policy Board and Program Council invite you to join in a discussion of the book Toxic Charity: How Churches and Charities Hurt Those They Help (And How to Reverse It). Please join us!

Sign Up to join the Book Discussion (<https://forms.gle/pGEwo6wYZ6UaubZQ6>)

Buy Toxic Charity on Amazon

(<https://www.amazon.com/Toxic-Charity-Churches-Charities-Reverse/dp/0062076213>)

Celebrate the Winter Holidays with First Unitarian STL

Sunday, December 3rd - 10 am Music Sunday!

Sunday, December 10th - 10 am Blue Holidays Service

Sunday, December 17th - 10 am Children's Pageant

5pm Solstice Singing Bowls

Sunday, December 24th - 10 am Caroling at Bethesda Dilworth

4:30 pm Traditional Christmas Eve Service

6:30 pm Contemplative Christmas Eve Service

Church News

IT'S POINSETTIA TIME!

Help decorate the sanctuary for the holidays by ordering one or more holiday poinsettias. Talk to Dottie Kinscherf either by e-mail (flowers@firstuustlouis.org (mailto:flowers@firstuustlouis.org)) or in person in Fellowship Hall after services on Nov. 19, Nov. 26, or Dec. 3. The deadline for orders is December 4. Cost is \$10 per 6" pot, payable at signup. You may take your poinsettias home with you after Christmas Eve services.

Religious Education November Food Drive!

Sunday November 19th - We will celebrate with our traditional Cornbread Communion Worship Service. Everyone is encouraged to bring in fresh food donations to place in our cornucopia during service.

Upcoming Worship Services

November Theme: Generosity

Sunday November 26th Question Box with Rev. Kim Mason

Pastoral Appointments

You can schedule pastoral appointments with Rev. Kim at your convenience. Click the button below and choose the date that works best for you - no account necessary.

Schedule an Appointment with Rev. Kim Mason (<https://calendly.com/kmason-7>)

Our Mission

We strive to be a welcoming congregation, inspiring lives of loving kindness and integrity by nurturing spirituality, building community, and advancing justice

Staff

Rev. Kim Mason, Minister (kmason@firstuustlouis.org)

Danielle Kozemczak, Director of Religious Education & Communications (dkozem@firstuustlouis.org)

Lynn Hunt, Administration & Programs (lhunt@firstuustlouis.org)

Augustine Underwood, Office Asst. (aunderwood@firstuustlouis.org)

Earl Naylor, Music Director/Organist (enaylor@firstuustlouis.org)

Joel Knapp, Choir Director

Moe Hurst, A/V Technician (mhurst@firstuustlouis.org)

Policy Board

Board President – Steve Wilke

Vice President – Alison Lamothe

Secretary – Sidney Watson

Treasurer – Jeremy Colton

Member – Becca McBride

Member – Chris Kocher

Member – Susan Lammert

Church Council

Sherry Bassi, Chair

Tom Finan, Facilities

Kathy Wire, Stewardship

Lisa Ross, Outreach & Social Responsibility

Kevin Kellogg, Outreach & Engagement

Grace Munie, Programming Cluster