

Ignite the New Year with Rev. Kim Mason January 22nd, 2023 Order of Service

Ringing of the Bowl

Judi Crouch

Welcome and Announcements

Judi Crouch

Prelude Toccata Quarta by Frescobaldi Earl Naylor, Organist

Call into Worship Rev. Kim Mason

Hymn #58 Ring Out, Wild Bells

Ring out, wild bells, to the wild, wild sky, the flying cloud, the frosty light: the year is dying in the night; ring out, wild bells, and let it die.

Ring out the old, ring in the new, ring, happy bells, across the snow: the year is going, let it go; ring out the false, ring in the true.

Ring out the grief that saps the mind for those that here we see no more; ring out the feud of rich and poor; ring in redress to humankind.

Ring out false pride in place and blood, the civic slander and the spite; ring in the love of truth and right; ring in the common love of good. Lighting the Chalice Judi Crouch

Sung Response

Come as we light this candle of memory. Come as we light this candle of hope. Come as we light this candle of reverence. Come into the flame. Come into the flame. Words and Music by Tony Fathman

Story for All Ages

A Heavy Load by John J. Muth

Danielle Kozemczak

Joys & Concerns

Submit Joys and Concerns online at https://forms.gle/WiHevqVTkCc3dWmC7

Pastoral Prayer Rev. Kim Mason

Sung Response #123 *Spirit of Life*

Spirit of life, come unto me.

Sing in my heart all the stirrings of compassion.

Blow in the wind, rise in the sea;

Move in the hand, giving life the shape of justice.

Roots hold me close; wings set me free;

Spirit of life, come to me, come to me.

Music and lyrics by Carolyn McDade

Reading Burning the Old Year by Naomi Shihab Nye

Judi Crouch

Rev. Kim Mason

Esley Hamilton, tenor

Call for the Offering

Text the dollar amount you wish to give to this number: 833-649-0088

Offertory A New Year's Carol by Benjamin Britten

Homily Letting Go Rev. Kim Mason

Fire Communion

Closing Hymn #350 The Ceaseless Flow of Endless Time

The ceaseless flow of endless time no one can check or stay; we'll view the past with no regret, nor future with dismay.

The present slips into the past, and dreamlike melts away; the breaking of tomorrow's dawn begins a new today.

The past and future ever meet in the eternal now: to make each day a thing complete shall be our New Year vow.

Closing Words Rev. Kim Mason

Postlude Toccata Quinta by Frescobaldi

Earl Naylor, Organist

Serving Us This Morning Ushers:Susan Lammert and Lisa Ross Greeters:Norma Vogelweid and Kathy Wire AV Assistant: Greg Cotter

The flowers today are given by Stan and Claire Birge in memory of Elizabeth Birge Curren, loving and beloved sister, who left us on October 28, 2022.

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Welcome to this religious community where we affirm the dignity, worth, and freedom of all who enter our doors.

Here we seek to live together in relationship and respect so that we may embrace and celebrate our differences. Understanding that we need not think alike to love alike, our religious values invite us to a shared journey of truth and meaning. Sincerity and connection guide our religious community, and call us into deeper association with ourselves and our world.

We welcome people of all ages, races, classes, ethnicities, abilities, sexual orientations and gender identities. First Unitarian Church of St. Louis is a *Welcoming Congregation* committed to the inclusion of LGBTQIAA+ individuals, families and communities in the life of our congregation. We are a *Green Sanctuary Church*, committed to sustainable practices and ethical consumption on our building and grounds.

First Unitarian Church of St. Louis Yellow Pages

Sunday, January 22nd, 2023

At Church This Week!

Sunday January 22nd

10:00 am to 11:00 am Worship Service - In Person & Online

11:30 am to 12:30 pm Welcoming Congregations Group (Dodson Room)

Monday January 23rd

6:30 pm to 8:00 pm Church Council (online)

Tuesday January 24th

12:00 pm to 2:00 pm Women's Alliance (Fellowship Hall & online)

Wednesday January 25th

6:00 pm to 7:00 pm Worship Committee (C1)

7:30 pm to 9:00 pm Choir Rehearsal (Sanctuary)

Sunday January 29th

10:00 am to 11:00 am Worship Service - In Person & Online

11:00 am to 12:00 pm Board Bake Giveaway (Fellowship Hall)

11:15 am to 12:15 pm Newcomer Chat (Dodson Room)

11:30 am to 12:30 pm Air Quality Project Update (Chapel)

Worship Service

Sunday January 22nd 2023 10am

Ignite the New Year with Rev. Kim Mason

Fire Communion joins our traditions of water communion, cornbread communion, and flower communion.

What do you need to release as we enter the new year?

Read this Sunday's Order of Service (https://tinyurl.com/325aapyw)

Watch this service on YouTube! (https://youtu.be/h0aEF--deDg)

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Upcoming Services

January Theme - Wintering

Sunday January 29th 2023 10am - Perspectives on Wintering with Members of the Worship Committee

February Theme - Resilience

Sunday February 5th 2023 10am - Mission Resilience with Rev Kim Mason

Read the February 2023 Touchstones Project Journal

(https://www.firstuustlouis.org/sites/default/files/Touchstones%20Journal%20February%202023%20Resilience%20nf.pdf)

2023 Auction - Rekindle the Flame

Saturday February 4th 5:30pm

Help us Rekindle the Flame as we roar into the 20's: Live and Virtual options available! Tickets on Sale in Fellowship Hall or online at https://paybee.io/hybrid-event/firstustl/2

Church Events

2023 Mid-Winter Meeting

Saturday January 21st (5:30 - 8:30 pm)

The evening includes fun ways to get to know other members and friends, a delicious potluck meal and an interactive conversation about the vision of First Unitarian. RSVP by clicking the button below.

Sign-Up for Mid-Winter Meeting Potluck Dinner

(https://docs.google.com/forms/d/e/1FAIpQLSeFX8Fx9Y3_03aHhKYY03rc_LjY_pLDtyg1tIAyTh0TL_gOgQ/viewform?usp=sf_link)

Women's Alliance Meeting

Tuesday 1/24/22 12:00pm

Fellowship Hall and Zoom

We'll meet for lunch at noon with dessert provided by Gwenne Hickman.

At 1:00PM Carole Watson will lead us in a discussion of the short story "A Jury of Her Peers" by Susan Glaspell. The story is in the public domain. You can access the story as a PDF or as an audio book with the buttons below.

Guests are always welcome at Women's Alliance meetings.

If you'd like to attend via zoom please contact Pam Geppert.

Download PDF of "A Jury of Her Peers"

(https://jerrywbrown.com/wp-content/uploads/2020/02/A-Jury-of-Her-Peers-Glaspell-Susan.pdf)

Listen to "A Jury of Her Peers" on YouTube (https://voutu.be/X1P2-vvYPtA)

Welcoming Congregations Meet & Greet

Sunday, January 22, 11:30 AM - Dodson Room

Members of the LGBTQIA+ community and allies are invited for a meet and greet to discuss the post-pandemic reboot of the Welcoming Congregations Committee. Gather with new and old friends to envision how First Unitarian can support our Welcoming Congregation designation.

Newcomer Chat (Dodson Room)

Sunday January 29th 11:15 am to 12:15 pm

Are you new to the First Church Community? Want to learn more about Unitarian Universalism and this congregation? Plan to attend the Newcomer Chat and meet with Rev. Kim and members of the congregation. Hope you can make it!

Learn about the St. Louis Air Quality Project Sunday Jan. 29th at 11:30 AM (Hope Chapel)

Ever wonder what the air quality monitor on the west roof of our building was for? Join us for this presentation and learn more about this project, including it's goal to promote health equity by addressing air quality and what has been found out so far about real-time St. Louis air quality and potential next steps. We will be updated by Beth Gutzler (the chair of the Metropolitan Congregations United Interfaith Environmental Justice Task Force) and several of the Wash. U. scientists involved in the data analysis of the project.

Active Hope Project Virtual Listening Circle Thursday February 9th 6:30 pm

An online listening circle will be happening on Thursday February 9th at 6:30pm to gather information to determine a social action issue that our congregation can focus on together. Please consider attending if you have not been interviewed or had the opportunity to attend a previous listening circle. Please click the button below to RSVP for this session and the zoom link will be sent to you. We hope you can join us! RSVP For 2/9/23 Virtual Session

(https://docs.google.com/forms/d/e/1FAIpQLSdST04PURkowHi0MyL_cIwECdSn_8u6IhSjMKLCx0Q3B2DR HA/viewform?usp=sf_link)

Please send photos, event details, announcements, etc. for this newsletter to dkozem@firstuustlouis.org Deadline for Enews announcements: Thursday, noon

To view our regularly held events, including those sponsored by the church and other organizations please visit our calendar. (https://www.firstuustlouis.org/calendar/month)

Joys and Concerns

Jovs

We celebrate the success of **Earl Naylor's** son, John Naylor, who recently earned his High School Diploma We welcome new member **Kurt Johnson**, who signed the membership book on 1/15/23

Concerns

We send healing thoughts to...

Sarah Dashner, as she recovers from a recent knee surgery

Mike Lunter, as he recovers from a recent back surgery

As a church community, each of us is an integral part of the care and concerns network. Not only do we show up and care for one another, we can make sure people get care by sharing with the care and concerns team when health and other concerns arise.

SHARE a Joy or Concern - email careandconcern@firstuustlouis.org Or use this form (https://forms.gle/YvVrdTYzdDuasJvo8)

Upcoming Designated Collection

Sunday, January 29th

Prison Performing Arts (https://www.prisonperformingarts.org/)

PPA is a literacy and performing arts program, founded by Agnes Wilcox in 2017. It is dedicated to the enrichment of the lives of youth and adults in the juvenal and adult criminal justice system. The program improves literacy, communication skills and non-violent expression of emotion. It has the only prison alumni theater group on the country. Nominated by Paula Hanssen and Susan Lammert.

Religious Education this Sunday...

This Sunday January 22nd 10am

Children and Youth are encouraged to attend service with their family. After the story for all ages, they will proceed to their classrooms

Story for All Ages: A Heavy Load- Zen Shorts, by Jon J Muth

A wisdom tale about letting go.

Religious Education Classes This Sunday!

- * The Nursery will be open to provide loving childcare during our 10am service.
- * Preschoolers (Nursery) Chalice Children: The Wonder of Snow
- * Kindergarten 2nd Grade (C2) Wonderful Welcome: The Gift of Forgiveness
- * 3/4/5/6th Graders (C1) History of Religion: The Life of Buddha
- * 7-12th Graders (C) Our Whole Lives: Sexual Orientation/ Sexuality and Disability
- * 10th-12th Graders (C8) Youth Group Meeting and Group Discussion: Resilience

Check out RE This Week! (https://mailchi.mp/firstuustlouis.org/re-this-week-sunday-01 22 23)

Announcements

Why the Paper Cups at Coffee Hour?

You may have noticed that we have been using paper products at coffee hour and other events. This is not our preferred practice, but due to a leak in the kitchen related to the grease trap our kitchen is very limited. We cannot use the large sinks or the sanitizer until this is resolved. So we are using paper until this is fixed (and we are in the process of having the problem assessed and fixed -- more info to follow).

The Opp Shop

The Opp Shop in Fellowship Hall is experimenting with having monthly themes. The theme for January is Table Games and Puzzles. Please come shop!

The 2022-2023 UUA Common Read

Mistakes and Miracles: Congregations on the Road to Multiculturalism

Towards Justice is planning a discussion group in March for this year's UU Common Read. You can order the Paperback through the UUA Giftshop or listen to the audiobook online.

Buy Mistakes and Miracles Online

(https://www.uuabookstore.org/Mistakes-and-Miracles-P18521.aspx?_gl=1*15rnz08*_ga*NzI0NjAxOTI2LjE2 NTgxNzUyNTc.*_ga_CN7F7RET4F*MTY3MzY1MDYwNS4xNDMuMS4xNjczNjUxNTc5LjAuMC4w) Listen to the Audiobook for Free! (https://www.uua.org/read/mistakes-and-miracles-audio-book)

Help Fill Our Little Free Pantry!

To learn more about our Little Free Pantry, check out this video (https://youtu.be/dUE0ChEjgII). 2023 Little Food Pantry Sign-Up Sheet

(https://docs.google.com/spreadsheets/d/1k_THEz0ChOHzzYQYKRfHiRh9ZBhepbe4dlwlutOQhs0/edit?usp=s haring)

UUA News

30 Days of Love 2023

Spiritual Nourishment for the Long Haul

Side With Love is thrilled to announce 30 Days of Love 2023! Our annual month of spiritual nourishment, political grounding, and shared practices of faith and justice, 30 Days of Love will go from Martin Luther King, Jr. Day (January 16) through Valentine's Day (February 14).

Click Here For More Info About 30 Days of Love! (https://sidewithlove.org/30daysoflove)

Community News

#DEMOCRACY 101

TUESDAY, JANUARY 31, 2023 7:00pm - 8:30pm

CENTRAL REFORM CONGREGATION,

5020 Waterman Blvd, Saint Louis, MO 63108

FEATURING: *2023 HOT BILL PANEL with Rabbi Daniel Bogard (Central Reform Congregation), Heather Fleming (Missouri Equity Education Partnership), Denise Lieberman (Missouri Voter Protection Coalition) and Sara Ruiz (Ashrei Foundation)

*A primer and Inside Secrets of the Missouri State Legislature (#MOLEG) with Hon. Stacey Newman (ProgressWomen) Tickets \$10, Students \$5.

Co-sponsored by Ashrei Foundation, Central Reform Congregation and ProgressWomen Register for #Democracy 101 Now! (https://secure.actblue.com/donate/democracy101)

You can schedule pastoral appointments with Rev. Kim at your convenience. Click the button below and choose the date that works best for you - no account necessary.

Schedule an Appointment with Rev. Kim Mason (https://calendly.com/kmason-7)

Our Mission

We strive to be a welcoming congregation, inspiring lives of loving kindness and integrity by nurturing spirituality, building community, and advancing justice

Staff

Rev. Kim Mason, Minister (kmason@firstuustlouis.org)

Danielle Kozemczak, Director of Religious Education & Communications (dkozem@firstuustlouis.org)

Lynn Hunt, Administration & Programs (lhunt@firstuustlouis.org)

Augustine Underwood, Office Asst. (aunderwood@firstuustlouis.org)

Earl Naylor, Music Director/Organist (enaylor@firstuustlouis.org)

Joel Knapp, Choir Director

Moe Hurst, A/V Technician (mhurst@firstuustlouis.org)

Policy Board

Board President - Steve Wilke

Vice President – Erin Milligan

Secretary – Alison Lamothe

Treasurer – Jeremy Colton

Member – Becca McBride

Member - Norma Vogelweid

Member – Joel Hickman

Member – Susan Lammert

Church Council

Cathy Rauch, Chair

Clint Cruse, Facilities

Kathy Wire, Stewardship

Lisa Ross, Social Responsibility

Kevin Kellogg, Outreach & Engagement

Sue Herzberg, Programming Cluster